

“A Country Inn that happens to be a Nursing Home”



Nursing & Convalescent Home

78 Sliker Road, PO Box 398, Califon, (Hunterdon) NJ 07830

phone: 908-832-2220

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website: www.littlebrooknursinghome.com

LITTLE BROOK NURSING AND CONVALESCENT HOME

POLICY AND PROCEDURE: HOLIDAY VISITATION

Policy

It is the policy of this facility to recommend that families /friends do not take residents/patients out of the facility for celebration events or gatherings and instead they should:

1. Visit with their loved ones outside on facility property- contingent upon this facility current outbreak status
2. Visit indoor/onsite contingent upon this facility meeting the requirements for indoor visitation
3. Communicate with their loved ones via Facetime/Skype/Zoom Call

For families/friends that decide to take their loved one out of the facility for the holidays, their request will be honored and the following procedure carried out to ensure the safety and well-being of all our residents/patients/staff members:

Procedure

I. In preparation of the holidays this facility will:

- a. Estimate how many residents/patients can be isolated in this facility's PUI cohort for a 14-day quarantine based on current census and projected census through 12/31/2020, as well as available PPE
- b. Establish a sign-up process for residents/patients/families/friends to make reservations prior to any out-of-facility visits
 - i. Reservations will be available up to the number of people this facility can accommodate for a 14-day quarantine period

II. Once reservations start occurring this facility will:

- a. Create a waiting list for anyone who requests a reservation after the established limit has been reached
 - i. Resident/patients that leave without a reservation or on a waiting list may not be guaranteed readmittance to the facility at the end of their visit
 1. Residents/patients/families/friends will be informed of this possibility

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- III. Once a request has been made for a resident/patient to leave the facility the resident/patient/families/friends will be advised of the:**
- a. Risks of leaving
 - b. Requirement to quarantine for 14 days following the return to the facility
 - c. Fact that for residents in a shared room, if an isolation room is not available in this facility's PUI cohort (Person Under Investigation), that they cannot return until one is
 - d.

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- IV. If after being advised of the above the resident/patient/families/friends still decides to leave the facility, they will be:**
- e. Encouraged to follow CDC guidance for celebrating the holidays (this may be provided in writing)
 - f. Reminded to follow all the recommended infection prevention and control measures for such gatherings, including:
 - i. Limit close contact (maintain physical distancing of six feet or more), keep gatherings as small as possible, and use technology to engage with others remotely
 - ii. Wear facemasks at all times. (including in cars, homes, restaurants, etc.)
 1. Facemask Example: Surgical
 2. Mask, KN95, N95, N95 w/respirator.
 - iii. Limit contact with commonly touched surfaces or shared items
 - iv. Keep safe around food and drinks; avoid communal serving utensils, passing of food, potluck or buffet style food service, and instead opt for individually prepared plates by a single server
 - v. Perform hand hygiene often (e.g., wash hands with soap and water or alcohol-based hand sanitizer)
 - vi. Avoid large gatherings, crowded areas, and high-risk activities such as singing

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- vii. For those attending a gathering, avoid contact with individuals outside of their household for 14 days prior to the gathering
 - viii. Ask anyone who has signs or symptoms of COVID-19, or has been exposed to someone diagnosed with COVID-19, to not attend the gathering
 - ix. If possible, conduct gatherings outdoors. Indoor gatherings should have good ventilation, open windows, and doors if possible
 - x. Verbally greet others instead of shaking hands or giving hugs; think ahead about how you will manage to prevent physical interactions with loved ones of different ages such as young children; and
 - xi. Check local conditions and state requirements for precautions and restrictions, including positivity rates and quarantine requirements, before crossing state lines.
 - xii.
- V. **Prior to exiting the facility, the resident/patient/family member/friend will be required to certify in writing that they:**
- g. Are aware of the possible dangers of exposure to COVID-19
 - h. Will follow masking, social distancing, and hand hygiene practices
 - i. Will notify the facility if anyone at the gathering tests positive for COVID-19 or exhibits signs or symptoms of COVID 19 within 14 days of the gathering
 - j. Understand that should the facility be unable to accommodate the required 14 quarantine period for this resident they will be required to maintain the 14-day quarantine period in the community for the duration of the 14 days or until a PUI room becomes available.
 - k. Will be required to undergo COVID19 rapid testing as well as COVID19 PCR screening upon return to Little Brook.

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November 2020

ADMIN INTIAL: _____